

## STATE OF IOWA

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DEPARTMENT OF HUMAN SERVICES CHARLES J. KROGMEIER, DIRECTOR

## **INFORMATIONAL LETTER NO. 885**

February 22, 2010

**TO:** Iowa Medicaid Remedial Services Providers

**FROM:** Iowa Department of Human Services, Iowa Medicaid Enterprise (IME)

**RE:** RSP and Standardized Measurement Tool

Effective March 22, 2010 when requesting a prior authorization for initial or continued Remedial Services the following are required: the Licensed Practitioner of the Healing Art's (LPHA) order, current services utilized by the member, assessment results from an approved standardized instrument, and Remedial Services treatment plan.

The LPHA will utilize a standardized tool that measures the member's mental health functioning. Many of these standardized tools combine physical, social, emotional, and behavioral elements that measure changes across time compared with national norms. The clinician may choose the most appropriate standardized measurement tool for each member. However, for each member the same instrument must be used for all subsequent authorization requests. This applies even if the member changes LPHAs. The instrument will be administered on a rolling basis as new and updated orders are needed. The LPHA should also discuss the results of the standardized instrument and assessment with the child/family and remedial provider. The remedial provider will be required to submit these results as part of the authorization request to Medical Services at the Iowa Medicaid Enterprise (IME).

The same instrument should be administered during each assessment/reassessment period to assess the progress of the service plan and the continuing need for remedial services. The following instruments have been approved by the IME and Magellan for use in this process:

- Consumer Health Inventory for children (CHI-C) for ages 13 and under
- Consumer Health Inventory (CHI) for ages 14 and older (<a href="www.magellanofiowa.com">www.magellanofiowa.com</a>)
- Child and Adolescent Needs and Strengths (CANS) (<a href="www.praedfoundation.org">www.praedfoundation.org</a>)
- Child and Adolescent Functional Assessment Scale (CAFAS) (www.fasoutcomes.com)
- Autism Treatment Evaluation Checklist (ATEC) (www.autism.com/ari/atec/)

If you have any questions, please contact the IME Provider Services Unit, 1-800-338-7909, locally 515-256-4609 or by e-mail at imeproviderservices@dhs.state.ia.us